

May Activities

Friday, May 1

- Fit for Life due

Tuesday, May 5

- Student Council 11:30am
- 5th/6th band concert 7pm

Wednesday, May 6

- PTO Meeting 11:30am

Thursday, May 7

- Kindergarten Showcase 10:00am & 1:30

Friday, May 8

- Pastries for Parents 7:30-8:30am

Wednesday, May 13th

- Kids Against Hunger

Friday, May 15

- Bike Inspection 3:30pm

Monday, May 18

- 6th grade band contest 4-6:30pm McKinley

Tuesday, May 19

- 5th grade band contest 4-6:30pm Jefferson

Friday, May 22

- 5th Field Day AM
- 6th Field Day PM

Monday, May 25

- NO SCHOOL Memorial Day

Thursday, May 28

- Awards Assembly 1:30pm

Friday, May 29

- Last day of school

Watertown School District/ 605-882-6390

Principal Message

The month of May will prove to be a busy month for our students and staff at Jefferson. We have numerous field trips planned for our students (see attached calendar), we have our Kids Against Hunger activity and our Awards Assembly at the end of the month.

In addition, classroom assignments for next year will be sent home with your child's report card on the last day of school.

Thank you for a great year!

Mr. Eggen

NOTICES!!

Friday, May 29 – Last day of school 8:30am -3:20pm
–Lunch will be served

Lunch money will transfer to next year's accounts even if your child is moving to the Middle School.

Please pick up **student medication** on or prior to the last day of school. We cannot send home medication with your child. Thank you!

Social Work Corner

Parenting Tip of the Month

Summer is almost here!! As we look to the summer, it is especially important to consider how we can help our children resist negative influences. All of the "protective factors" that have been discussed – having high expectations, positive social opportunities, teaching life-skills, and setting clear, consistent boundaries are crucial to children's well-being. The foundation of those is providing caring and support to children.

Remind your children that you love them. Show them your support by attending their events and taking time to listen to their thoughts and feelings. In the rush of life, take the time to enjoy time together as a family. This can be as simple as sharing a meal or playing a game together. More than anything, children want to know they are cared about. When you have a positive relationship with children, the other protective factors are more effective.

Resource of the Month

Watertown Parks & Rec has a broad variety of summer activities for children of all ages. Take some time to look through their brochure and consider having your child experience something new this summer. If finances are a concern, ICAP has a financial assistance program that provides \$15 for each child who qualifies. Brochures can be picked up at the Park & Rec Office. Sign-up early because programs fill up quickly! Sara Foust



Swine Flu

The swine flu is a type A influenza that is spread in the same fashion as seasonal flu. It spreads by means of coughing or sneezing or touching something with the virus on it and then touching your mouth and nose. Symptoms include fever, body/muscle/bone aches, cough, sore throat, headache, chills, and fatigue. Some people have reported vomiting and diarrhea.

The best way to protect yourself is to **wash your hands often** especially after you cough or sneeze. If you can't wash your hands with soap and water, use an alcohol-based gel. Other ways to protect yourself include: avoiding people who are sick, if you get sick – stay home from work and limit contact with others, cover your mouth and nose when sneezing or coughing. You may want to contact your health care provider, especially if you are concerned about your symptoms. This information is from the CDC web site. For further information you may go to http://www.cdc.gov/swineflu/swineflu_you.htm

To further prepare yourself and your family, you can go to:

<http://doh.sd.gov/PDF/InfluenzaHomeCareGuide.pdf> and <http://doh.sd.gov/Flu/Pandemic/Family.aspx>

Arrow Education Foundation News

ARROW EDUCATION FOUNDATION IMPACTS JEFFERSON IN '08-'09

Thank you for letting the Arrow Education Foundation support *great innovative ideas* at Jefferson. Our donors are proud to have provided funds for the King Tut Exhibit at the Goss for 6th grades, and Dorothy Goose Krull Music Grant for instruments for 5th-12th band and orchestra students.

NED Yo-Yo Information

Thank you to all students who purchased yo-yos to help support our **NED** program. It was a great message for our children

Never give up
Encourage others
Do your best!

Each yo-yo is 100% guaranteed. Please contact customerservice@allforkidz.com or call 1-877-872-9696 extension 101 for assistance.

UPCOMING EVENTS

June *Alumni and Friends Newsletter*

---- Watch for the Foundation's Newsletter in your mailbox. Call or email if you would like to receive one.

Class Reunions

---- Check our website for more info about the following class reunions.

Class of '49	60 th	Sept 18
Class of '54	55 th	Sept 18 & 19
Class of '59	50 th	Sept 17-19
Class of '60		Sept 26 & 27
Class of '69	40 th	Sept 17 & 18
Class of '74	35 th	Sept 18
Class of '79	30 th	July 10 & 11
Class of '89	20 th	July 17 & 18
Class of '99	10 th	July 24 & 25

Oct 3 **HARVEST '09,**

---- Save the date on your calendar!

Arrow Education Foundation
Office at Garfield School
www.arrowfoundation.org
(605) 882-6399 or (605) 520-4432



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We're on the Web!

<http://watertown.k12.sd.us>

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1701 North Maple Street
Watertown, SD 57201

Year-End Greetings from GATE

Educational Activities that Busy Parents Can Provide During the Summer

Dear Learning Lady,
All summer long my kids keep saying they are bored. How do we avoid our children wasting their summer away by watching television and playing video games? We really want them to have a productive summer.

Sincerely, Very Busy Parents

The Learning Lady's reply...

Dear Busy Parents,

Your children's summer doesn't have to be a waste, and they don't have to regress in their learning (as many studies indicate).

Summer is the perfect time for children to experience "fun learning" again. It's also a chance for them to discover that learning happens all the time and is not just reserved for school. Summer is a great time for exploration and developing new interests. Math and reading are a part of many other interesting topics so they can still be reviewing those skills while they learn about a new topic of their choice.

As your children get older they should be encouraged to be resourceful and start learning some things on their own, with some guidance. This is a great opportunity to start teaching some self-motivation skills. Author Susan Perry of "Playing Smart", says that "to avoid boredom, a child has to learn to be motivated on his or her own, to a certain extent, and that is an acquired skill. If every time your child says, 'I'm bored,' you step in with a quick solution, they'll never learn to develop their own resources. But do provide some options."

Your job as a parent for the remainder of this summer can be to provide guidance and give some ideas to get them started on some new projects. I'd suggest also re-defining the household rules for television, computer and video games.

1. A stack of new books can keep everyone occupied for hours.
2. Start a small garden.
3. Set them up to start working on their own summer scrapbook, journal, or magazine.
4. Inspire your children to write a play or act out stories from books.
5. Give your children some new chores for the summer.
6. Have your children map out their own treasure hunt, craft a treasure and make up the clues.
7. Make sure to fit in some quality family time. Even if you are really busy, schedule some time to spend together - your family grows up so fast! Plan a special day trip or fieldtrip and make it a memorable learning experience.

Learning can happen everywhere and anytime. With practice it will soon become part of your lifestyle. Thank you all for your continued support of the GATE program. Have a great summer. Remember to have fun and happy learning!